

Eight Things to do to Save Our Planet

1. Use your voice.

We may be the first generation to know we are destroying the world, and we could be the last that can do anything. Speaking up can be one of the most powerful things we can do. We need to let our leaders know they need to act with urgency.

2. Be informed.

In order to influence those around you, become better informed and stay up to date with recent news and facts.

3. Be political.

Use your vote wisely to support those who represent your views. We need to hold our politicians accountable. Contact your representatives and attend constituency meetings if possible, to make your voice heard.

4. Travel plans.

One of the most efficient ways of lowering your environmental impact is traveling responsibly. Try to choose a sustainable way to get from A to B: walk, cycle, take public transportation and trains when possible. Try to vacation closer to home.

5. Eat sustainably.

What we eat contributes to around 1/4 of global greenhouse gas and is responsible for almost 60% of global bio diversity life. Farming animals
For meat and dairy Requires space and huge amounts of water and feed. Explore plant-based diets.
It is estimated that 1/3 of all food produced in the world is wasted.

6. Reduce your waste.

Every product we buy has an environmental impact and could end up in a landfill. So buy less, recycle and up cycle (Repurpose items).

7. Watch what you buy.

Improve your purchasing power, and make sure your money is going towards positive change by supporting eco – friendly products, using a less consumerist lifestyle can benefit you and our planet.

8. Compost.

Composting at home reduces the volume of garbage sent to landfills and it makes a great natural fertilizer.

“The greatest threat to our planet is the belief that someone else will save it.”

Robert Swan

Submitted by your Environmental Action Committee.